



Families Together, Inc.

Topeka Parent Center

501 Jackson, Suite 400
Topeka, KS 66603
(785) 233-4777 (Voice/TDD)
(785) 233-4787 (fax)
topeka@families-together-inc.org
1-800-264-6343 toll free



Wichita Parent Center

3033 W. 2nd, Suite 106
Wichita, KS 67203
(316) 945-7747 (Voice/TDD)
(316) 945-7795 (fax)
wichita@families-together-inc.org
1-888-815-6364 toll free



Available Workshops

Garden City Parent Center

1518 Taylor Plaza
Garden City, KS 67846
(620) 276-6343 (Voice/TDD)
(620) 276-2380 (Español)
(620) 276-3488 (fax)
gardencity@families-together-inc.org
1-888-820-6364 toll free



Kansas City Parent Center

1333 Meadowlark Lane, Suite 103
Kansas City, KS 66102
(913) 287-1970 (Voice/TDD)
(913) 287-1972 (fax)
kansascity@families-together-inc.org
1-877-499-5369 toll free



Workshops for parents whose children have disabilities and the professionals with whom they work.



Statewide Spanish Parent Line

Lina Estratal de Padres en Espanol
1-800-499-9443
espanol@families-together-inc.org

www.families-together-inc.org

Assisting Kansas parents and their sons and daughters with disabilities

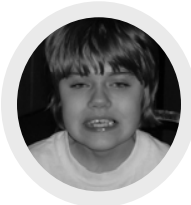
Families Together's workshops are offered to parents, education advocates general educators, special educators, para-professionals, administrators, service providers, and other individuals who care for and about children/youth who have disabilities. Please contact the center near you to schedule a workshop.

(See back page for center contact information.)

Criteria for Training Requests

Since we receive more requests for training than we are able to grant each year, priority for trainings is determined based on the following criteria:

- Target audience includes parents
- Grant priorities
- Attendance should number at least 20 people
- Training open to all members of the community
- Local sponsors providing space, AV equipment, publicity, and refreshments when able.



Legal

Special Education: Parents' Rights & Responsibilities

The Individuals with Disabilities Education Act (IDEA) mandates a free, appropriate public education in the least restrictive environment. This workshop will take a step by step look at the special education process with an emphasis on parental rights.

The focus of this workshop is to for participants to understand how a student is determined eligible under Section 504 of the Rehabilitation Act. An overview of the requirements of a Section 504 Plan and practical uses of accommodations will also be presented.

Five-Oh What?



Discipline

This workshop will provide an overview of the protections available to students with disabilities under the IDEA discipline section. The rights of students not yet eligible and preventative strategies will also be presented.

The Journey to Adulthood: What Parents Need to Know (Sexuality)

The goal of this presentation is to provide parents with the basic information about the changes that puberty and adolescence bring to every child—including their son or daughter with a disability. The information is intended to help participants feel more comfortable and confident as they help their youth safely navigate this important transition from childhood to adulthood.



For Transition Age Youth

This interactive workshop is designed specifically for students to help them become active participants in their transition plan. A brainstorming session to stimulate discussion about possible future educational, career and life goals.

It's My Life

Behavior

Challenging Behaviors

This interactive presentation for parents and professionals will enable a team to better understand a child's behavior challenges. In this workshop we examine possible reasons why children misbehave and methods for increasing positive behavior. Information on Behavioral Intervention Plans, Functional Behavioral Assessment and replacement behaviors will be shared.



Medical

Medical Home is not a physical location, but more a state of medical mind. So, how do you find one? We will discuss what a medical home is, how to get your doctor to work within one and how to best help your family member with a disability navigate through the process.

Medical Home

Transitions



Step Ahead at Age 3: Transition to Preschool

The transition from Infant-Toddler services to education services can be a scary and exciting process. This workshop will provide parents with an understanding of the process so that the transition is as smooth as possible.

Sometimes it takes an entire school year to feel comfortable and then it's time to transition to another grade or even another school. This workshop is packed with ready-to-take-home-and-use strategies to make these transition times easier and smoother for all involved.

Grade to Grade... School to School

Planning for the Transition from School to Adult Life

If you are the parent of a youth 14 or older, this workshop is a must. Discover how the transition plan can (and should) reflect your youth's dreams for his/her future. Participants will explore the process of transition from school to adult life including independence, employment and education. Participants will learn how to effectively use transition services in the IEP to prepare for the future.



Many families wonder if their son or daughter can or will be employed. The goal of this session is to help families, caregivers, and professionals understand the realities of today's work place so they can help youth with disabilities earn competitive employment. Participants will learn the importance of job interviews and job accommodations. Particular attention is paid to the role of families in the career exploration and job hunting process.

Getting & Keeping the First Job

Individualized Education Program

This workshop will provide information necessary for parents to be constructive members of the Individualized Education Program (IEP) team. We begin with the basics - what an IEP is, brainstorming on preplanning, understanding the various components of the IEP from developing the Present Level of Academic Achievement and Functional Performance to determining the Least Restrictive Environment (LRE). Effective communication skills and measuring success in the IEP will also be presented. Discover strategies to become an effective IEP team member and get what your child needs to succeed.

Writing IEPs to Ensure Access to the General Education Curriculum



Inclusion

The Yellow Pages on Inclusion

This workshop provides participants with an understanding of the legal basis for inclusion and a vision that all students, with and without disabilities, can learn side by side though they may have different educational goals.

Inclusive Childcare Settings

This presentation focuses on inclusive childcare settings for children with disabilities. It will help childcare providers understand disabilities, modifications that can be made, available resources, and the requirements under the Americans with Disabilities Act (ADA). This presentation is designed to empower childcare providers to feel comfortable in their role of providing quality childcare services to children with disabilities and supporting their families.



Advocacy

Effective Advocacy

What does it mean to be an advocate? This fun and interactive workshop shares ideas and strategies on how to be an assertive and effective team member. Participants will be challenged to take advocacy to the next level.



The goal of this presentation is to empower parents so that they can become effective advocates for their children and receive the services their child needs. This will be achieved by providing information and an opportunity to practice skills in a supportive environment.

Skills for Effective Parent Advocacy

Working for Change: Using the Power of a Personal Story

Systems change is about improving access to services and supports for children with disabilities and their families. This workshop was developed to help parents become “system change agents” to achieve this goal. Participants will explore what advocacy is, why changing systems is important and how to use the power of their personal story to create change.



Team Building

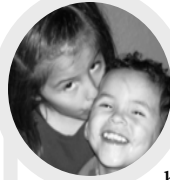
Partnerships between families, schools and communities are good for all kids, all teachers, and all schools. In this workshop, current research in the area of parent involvement and the positive benefits will be presented. Also, the audience will become familiar with the Six Types of Involvement endorsed by the National PTA and the Kansas State Board of Education.

Family, School & Community Partnerships

Family

Siblings for Parents

This interactive workshop is designed to help parents better understand the needs of their children who do not have disabilities and how they are affected by their siblings that do have disabilities. The joys and challenges of being a sibling to a person with a disability will be shared.



This interactive workshop is designed to help siblings better understand their role in the family that has a child/children with a disability. This is also a workshop that encourages networking between siblings and other siblings who are in similar situations.

Siblings for Siblings

Fathers as Dadvocates

Mothers are generally more involved in day-to-day caring for children who have disabilities. Fathers are affected just as deeply by the emotional strain and often have an especially hard time coping. This workshop is a father’s story of coming off the sidelines to become more involved in advocating for his son. Participants will also explore the emotions fathers live with day to day. The presenter will also share ideas as to how to help fathers become Dadvocates!



The purpose of this workshop is to let parents know that they are not alone. Raising a child who has a disability can increase our stress levels. We each need to find ways to ease the stress that we experience. We need to remember to relax, smile and enjoy our children and take care of ourselves each day.

Stress Management